



Wendi At the Lake

The Editor's Corner

By: Wendi Danielle

Welcome to the start of the summer season girls. The heat which we all have been expecting will soon be here and all those summertime activities are now starting. I enjoy camping and boating and have spent a few weekends at the lakes already. I even got a chance to wear a new one piece last weekend at the lake. Summer however, can be a frustrating time for some of you with the daylight lingering till 8 or 9 PM and neighbors always seeming to be in their front yards, but don't despair. People see what they want to see and, with a little distance between you and them, passing is not that difficult. The key is to dress to fit the situation. Summer is a very casual time with tops and slacks or loose fitting clothes being the norm, and if you feel comfortable, even shorts or culottes are appropriate. Summertime wardrobes are easy to construct. Catalogs and department stores are full of summertime clothes now and it's a chance to create a whole new wardrobe to fit the season. I know buying clothes is one of the real joys that we all share, so, "GO FOR IT", girls. Get into that summertime shopping mood, and before you know it, you'll have all you need in the way of a summertime wardrobe that will allow you to enjoy your feminine side till the cool weather returns.

Now a little bit about this month's newsletter. In this month's issue there is a new column that I am calling "The Rose Update". This column will be included from time to time as the need arises to inform the community in general of the progress of our "Sister" group, "A Rose". This organization, now forming, is an open group, which welcomes all in the TV/TG/TS community. Like Alpha Zeta, it is a non-sexual support group, but the emphasis of this group is in social interaction and meeting others of the paraculture.

We also have an article submitted by Jackie that will give you some good information on model photography. This month she will discuss some of the equipment and a little about posing the model. In a future issue, she has indicated that there will be more information on other aspects of the subject as this article continues.

Our national events column this month has several events that promise to be enjoyable and unforgettable experiences for those of you that can attend them. The "Holiday En Femme", The national Tri-Ess convention, makes it's debut in this month's issue. This event is being planned in part by our own First Lady, Diane, so we will be ahead of the pack in providing up to date information on this event.

Our photo page this month has several pictures of some Alpha Zeta members at the April meeting. In addition, there are a few more shots from the I.F.G.E. convention which took place in Chicago this past March. The person in the lower left corner of the page is Carol Beecroft, the presiding first lady of our National Tri-Ess society. The photos above Carol and to the right are also from the convention.

Finally, this month I thought I'd include a letter from a girl that has written to me and to Alpha Zeta. I welcome such letters and all comments that any of you might like to pass on. This newsletter can be a forum for all.

March 25, 1987

Dear Wendi,

Thank you so much for the newsletter, and it was a thrill to see my name and the photo included. I enjoyed getting to know you, even if it was the last day of the conference. We keep passing with brief interludes but it's great to sit and really become acquainted.

Your trip back must have been great. I reversed in my travel, going home as "male". It made me very sad to have to end the weekend that way. I would have preferred to end it by going home as Alison and going to bed that way. It would have made it seem, like a much longer conference, but I'm OK now. I've had two nice excursions, A meeting at a nice bar, planning for a new group in suburban Philadelphia and a trip with spouse for dinner and the theater for a nice musical. I'm getting our once a week now instead of once a month. I'm enclosing my special recipe for your consideration, Also I'd like to continue getting your newsletter, enclosed is something to cover it. Hope we cross paths again Soon.

Alison Laing

Po Box 635

Phoenixville, Pa. 19460

Alison is one of the wonderful people Diane and I met at the I.F.G.E. convention in Chicago last March. she is a culinary and wine connoisseur and her recipe will be included in a future issue. Thanks for the letter Alison, I also hope that our paths cross again in the near future.

The First Lady's Notebook

By: Diane

For many crossdressers, going shopping or to a restaurant as a woman seems to be difficult or terrifying. In Phoenix, famous for its conservative politics, cowboys and others, it may seem impossible. However, Phoenix and the "Valley of the Sun" may be a little less troublesome than one may anticipate. This month, the notebook includes some handy tips for going public and a few experiences I've had dressed as a woman in Phoenix.

One key may be based on the old cliché. "When in Rome, do as the Romans." In other words, if you want to pass in public as a woman, do the things a woman would do and go places she would (within reason). Don't attract attention by being out of place. Many women shop in the late morning and early afternoon during the week, which seems to be the safest time to go out. When I first went out dressed en femme it was in Mesa at 2 a.m., which was a mistake. My most embarrassing times shopping have been at convenience stores or all-night markets, when a salesclerk called me "sir," stared or giggled when I made my purchases. They seem to expect strange things to turn up at night.

Merchants are basically interested in making a sale. If they hassle you they lose a potential customer. Act as a woman, don't be

nervous, don't let them see you sweat! A smile always helps! At an ice cream parlor once, I was read by a 17 year old girl who was with her mother. I returned her puzzled look with my sweetest smile. She couldn't help but to smile back, then didn't pay any more attention to me. On another occasion, I was in a large toy store when I heard some kids call out, "Hey Tootsie!" It didn't dawn on me right away who they were calling to, and when I looked up with a benevolent smile, they were so embarrassed they ran away. Another boy walked up afterward and asked me if I knew what time it was and I replied no. Then I looked at my watch and said with a smile, "Now I do..." and told him the time. My attitude made him smile back and politely thank me as he would an older woman. If shopkeepers want your business, they may defend you. I had been read by a group of ten year old mall rats (potentially troublesome teenagers who hang out in shopping malls) on my way to a nail care appointment. While my instructor, a middle-aged woman, prepared me for the demonstration, the mall rats stood outside the window laughing and calling me a transvestite. After a minute or two, the instructor went to the front door and made the kids leave. Her reply when she came back was simply that some people could be so rude! I think the worst thing you could do if you've been read is to panic. One of the first times I was out with my wife, we used the ladies room in a mall (when it was empty). While I washed my hands, I felt someone tap my back. I grabbed my purse and bolted out of there past some teenage girls on their way in. There in front of me by the theaters were a number of police officers walking towards me. I looked around for my wife and was relieved to see her behind me. I told her what had happened and she told me she was the one who tapped me on the back. As it turned out, the police were after some of the mall rats acting up in the theater. We must have passed ten police officers on the way out, many of whom smiled at us.

Another important tip is take things one step at a time. You need to build up your expertise and confidence a little bit at a time. I felt a little too enthusiastic at one point and went into a mall before I was ready. My makeup was shiny and overdone, my beard cover too light and I was noticeably nervous. I was short-changed while purchasing a drink and argued with the counter girl in a squeaky femme voice until I had the

correct change. She apparently watched me finish my drink and followed me into the ladies room. She told her boyfriend what had happened and he called security. I was stopped in a store a few minutes later, then detained for four hours in the security office. They in turn called the police and I was forced into a very sticky and embarrassing situation. The word here is to be sure your clothes and makeup are right, try not to appear nervous, and do not argue with anyone if you can help it. There are two places to be careful of in stores. These are, 1) the Ladies Room and 2) women's dressing rooms. There may not be a written law prohibiting entering either of these, but if a person signs a complaint against you, there could be some real problems! If you need to use the ladies room, find one with a single stall and lock the door, or just go home. If you want to use a dressing room, ask the saleslady or at least be sure she knows you're in there. The fitting rooms in most stores either check you into the fitting rooms or have a monitoring policy. On occasion, I have had a saleslady walk into the dressing room when I have been half dressed. One actually came in and zipped me up when I was trying on a formal gown and asked me to turn around, complimenting the fit. Another time I went into a very crowded fitting room that had no doors on the stalls. I proceeded to change into the new dress with one woman watching my every move. I knew I had gone too far when I realized she could have seen some of my padding. I didn't get more than a dirty look from her, but I learned the lesson to be very discrete in the fitting room.

Many shops and restaurants in the Phoenix area are more than happy to sell to cross-dressers. Money is money. The key is to let them know you are confident and sincere. Recently, a friend and I had dinner as two women in a very fine restaurant in Phoenix. We were nicely dressed and acted properly. On the way out I realized we had been read, but not as men. We were initially perceived as two ladies and even if someone noticed flaws in our femininity, for all practical purposes we were still ladies. First impressions mean a lot. It's happened many times in restaurants, sometimes when there was doubt our group included crossdressers. The waiter or waitress just doesn't have many choices. They either treat you as a woman and get a good tip, treat you like a man and get a lot less or make a scene and get zip.

Finally, a word about Phoenix. This city is very similar to many others. People here are about as apathetic towards transvestism as other places. There is a small percentage of people who may cause problems for a cross-dresser and those are the one's to be careful of. The key here is keep an eye out for trouble, but don't forget you are a lady. Phoenix shopkeepers like ladies, especially those who like to buy.

Reminder of Dues: As most of you girls know the annual chapter dues begin July 1. The dues for Alpha Zeta are \$15 per year and will be accepted starting at the June meeting. Please make your checks or money orders out to "Alpha Zeta", or you may pay in cash. Submit your dues to Terri or Diane, or send them to, Tri-Ess, P.O. Box 8425, Mesa, Az. 85204. Help support your local sorority chapter. Also, for those girls who have not yet joined Tri-Ess National, the start-up fee (for the first year) is \$30. See Diane or Terri for more information, or write, Carol Beecroft, P.O. Box 194, Tulare, Ca. 93275.

**Chapter Update
by: Terri**

The April meeting convened at Wendi and Judee's home. Attending were Diane, Terri, Mae, Cindy, Kathy Ann, Jackie and Chris, and our good friends Shelly and Larry. It was good to see that many people there the night before Easter.

Our potential for chapter growth is tremendous right now. We have had responses from about thirty people answering our ads or being professionally referred. We are still working on getting a hotline installed with a tape recorded message. We also have been contacted by ASU's west campus people to speak in the fall in exchange for the "What Sex Am I?" video tape. Our newsletter will also encompass another organization, our sister group, called "A Rose". This will help to defray the costs and we may be able to solicit enough advertising to make this tabloid pay for itself in the future.

Speaking of the future, clever sequela, now is the time to start thinking about attending some of the conventions and en-femme vacations around the country. Tiffany's Spring Weekend, The Be All You Can Be Weekend, Fantasia Fair or the Holiday En Femme are all coming up. The Holiday En Femme in San Francisco (the National Tri-Ess convention) is being co-planned by our own Diane. For more information on any of these

events, contact Wendi or Diane. We are also considering the sponsorship of a couples weekend here in Phoenix in the January or February time frame if we can shake the cactii for financial support. Anyone interested in planning this event or participating should contact us now.

Treasury Report (est.)

Balance as of 3/31/87.	186.19
Paid out	0.00
Income	0.00
Interest	0.73
Balance as of 4/30/87	186.92

National Events

"Provincetown Spring Outing"

Each spring the Tiffany Club sponsors this event. This is the seventh annual edition and is one of the high points of this organization's year. The dates are Tuesday, May 26th, thru Monday June 1st. and the registration fee is \$100.00 per person or \$150.00 per couple plus lodging. If you are interested in finding out more about it, call or write Merrissa Sherril Lynn or Laura Granger at the Tiffany Club. The address is:

Tiffany Club

Po Box 19

Wayland, Ma. 01778

Ph: (617) 358-2305

"Be All You Want To Be Weekend"

This Event is probably the largest gathering of crossdressers of the year. Our own Rosalind was a participant last year and she has informed us that she will again be attending this year. It is billed as both an educational and entertaining weekend. Last year there were over 200 participants. There are nightclub shows, picnics, shopping trips, educational seminars and a talent show planned for this year. The location this year will be Cleveland, Ohio and the dates are June 11th through the 14th. The event is sponsored by the Chi Chapter of Chicago, Crossroads of Detroit, The Paradise Club of Cleveland and Transpitt of Pittsburgh. The mailing address is:

C. Young

c/o Paradise Club

PO Box 29564

Parma, Ohio 44129

"Fantasia Fair"

Time is getting short to get your reservations in for the next one. We have been in contact with the organizers and the fair this year promises to be another high point for

the year. In October, the 13th annual "Fantasia Fair" will take place. The dates are October 16th through the 25th and the address is:

Fantasia Fair

Lincolnia Station, POB 11254

Alexandria, Va 22312

Atten: Eve Goodwin

"Holiday En Femme"

This event will be the national convention for Tri-Ess. It is being planned by our own Diane and will be in San Francisco in the middle of November. The event is a learning and entertaining experience with several days and nights filled with activities being planned. It's location alone is a great vacation spot and the chance to visit this wonderful city "En Femme" is a thrill we all deserve. For more information watch this newsletter or contact:

"Holiday En Femme"

c/o Alpha Zeta

Po Box 8425

Mesa, Arizona 85204

The Rose Update

by: Wendi Danielle

The purpose of this new column will be to update the community on the progress and events of a new social group called "A Rose". The group, originally conceptualized by our own Cindy, is a non-sexual social and support group that welcomes all in the cross-dressing, and transexual community.

To date the organization has had national exposure in two publications, "Tapestry" and "Our Sorority". The "Tapestry" listing has generated several inquiries from around the country for more information. Also, Alpha Zeta has been forwarding information about the group's existence to those individuals that do not qualify as heterosexual cross-dressers and therefore can't join Alpha Zeta.

During the last month Wendi has been in contact with Merissa Sherill Lynn, the chairperson of the National umbrella organization that sponsored the I.F.G.E. convention in Chicago last march. As a result of these discussions, "A Rose" has been accepted as a member group of the I.F.G.E. and will be applying for chapter status in the near future. This will give the organization an official non-profit status, and benefit it in several other ways such as national recognition, access to legal assistance, participation in national conventions, etc.

In the near future there will be a mailing to all the members of the old Spectrum group.

This group was another open group that has faded from the scene. The mailing will inform them that "A Rose" exists and see if any of these people would be interested in joining "A Rose". The mailing list is now being reviewed and according to Jackie, the last president of Spectrum, there might be a dozen or so tentative members for this new organization from the ranks of the old Spectrum group. If you know of anyone that might be interested in finding out more about this organization, it now has a new mailing address and can be contacted as follows:

A Rose
Po Box 4351
Scottsdale, Arizona 85261

Writer's Corner

This column is included so that any authors out there who would like to be published are welcome to submit their works and see the results of their labors in print. Terri's short story continues this month

"The Joke" (continued)

by:Terri

The blonde wig fell to just above the level of my "boobs" in front and brushed my shoulder blades in back. It's golden color offset beautifully the turquoise dress and at the same time complimented it. The makeup was not overstated, as I feared it would be. I looked terrific! "Come look at yourself in a full view mirror," she suggested, and I walked, "boobs" jiggling, golden hair bouncing pertly, light stepping to the hall mirror where I saw the whole picture. What a picture, a tall blond in a sexy dress with curves everywhere they should be. What I hadn't noticed before was the effect the high heels made. Not only did I walk different but my legs looked different too. Not all gawky and bony but sleek, trim, yes even pretty. I couldn't believe it was me! The next hour, after she got ready, we went over such things as walking, talking, and sitting. I learned how to move all over again, with grace and lightness. I learned to also lighten up my voice, though Marcia preferred I keep it a little husky. I learned to sit with my legs crossed at such an angle so that I could show off my leg through the side slit of the dress. I learned how to hold my hands, how to carry my clutch purse so that I didn't look like a halfback busting a tackle, and how to "lead" but really appear to be "following". Just before eight o'clock, Marcia sprayed me with "Emeraude" for luck. "Oh", she said, startled, "We forgot to give you a name".

"Well, to tell you the truth, when I first looked at myself like this, I thought I looked a lot like my cousin Martha. She's a blonde and there is a slight resemblance. "OK, Martha it is, relax, they'll be here soon". The first to arrive was Bill. I had met him once before and hoped that his memory, vision, or both were faulty. The introduction went smoothly, Bill smiling as he took my hand, which I tried to let go as limp as possible. "We've never met before, Martha. You new here?" "Oh yes. Real new, in fact I just got here, Bill" "Oh really? From Where?" "Chicago", I lied figuring that would make sense. "All the pretty girls get out here eventually", he replied, and I know I blushed. "Why thank you, Bill", I gushed and returned his smile with one of my own. I took Marcia's hand and said, "Can I talk to you a second, alone?" "Aren't you going to tell him who I am?", I asked frantically. "No" was the reply. "I don't know if we can trust him. Besides, why should he ever have to know?" I was in too deep, "OK", I said, "But if this gets embarrassing for me, everybody's gonna find out!" (to be Continued)

MODEL PHOTOGRAPHY, WHY NOT!

by: Jackie

Mention model photography and what comes to mind: beautiful women in exotic locations? high fashion gowns and designer original clothing? glamour and excitement? Why shouldn't you be in the middle of it all! Don't take run of the mill snapshots when you can be taking exciting glamour photographs of your "feminine-self"! All you need is a little basic knowledge along with some very basic equipment. This article will give you the "Basics" to get started on your way to taking some very creative, first quality photographs of yourself. It will cover areas such as: Equipment; Basic Fashion Modeling; Props; Posing; Lighting; and Makeup Techniques for Photography.

EQUIPMENT: The minimum equipment you need to get started is a camera! That makes sense, but the camera should be capable of taking interchangeable lenses and it is best to have at least two different focal length lenses. You can do the job with just one lens, but having the additional lenses gives you a change of perspective which will greatly improve your work. Any camera that meets these requirements will do, however, 35mm is the smallest film size that you should use. You don't need any other equipment. Certainly, owning an electronic flash unit or a

photo flood with a stand would greatly help for indoor photography. Most 35mm cameras come with a standard 50mm lens and this will work just fine within limits. To add versatility you should have a moderate wide-angle lens (35mm) and the best lens to use for Fashion Photography is a 85mm to 105mm telephoto. If you are going to be working indoors, which most are likely to, you should have some type of lighting. A simple electronic flash unit is the most practicable.

LIGHTING: Proper lighting of the model is very important. When you fail to get a good quality photograph, chances are that you failed to observe the model to see where the light and shadows were falling before releasing the shutter. Always LOOK and OBSERVE before taking the shot! First turn on one light (if you are using floods) and direct it towards the model. Keep the light so that it is either at face level or slightly above. Study the way the light falls on her face and watch for shadows in or under the eyes and nose and at the side of her face. Also notice how the light reflects off her hair because hair is something which you want to "highlight". Move the light around the model while carefully observing where the shadows fall as the angle of the light changes. When you find the angle that looks most pleasing make note of it. Now take a second light either less powerful or the same power and place it slightly further away from the model. Use this light to fill in some of the shadow area created by the first light. Again, move it around to find the best location. You can even use a third light to place a very strong "highlight" effect on the model's hair. If you are using an electronic flash unit as your main light, it would be placed in the location of your first light. The other one or two lights are simply used as fill lights and they can be an ordinary tungsten light bulb. There are several different types of lighting that you can use. One single light can create varying effects when used as follows:

REMBRANDT LIGHTING: The camera faces the model and the light source is positioned at a height above the subject such that the angle from the light to the model then back to the camera is 45 degrees. The light itself is positioned so that it is 130-160 degrees from the model to the camera. This type of lighting should illuminate the model's hair, forehead, and one side of the nose, mouth and chin.

45-DEGREE LIGHTING: Once again the light is positioned so that it is slightly higher

than the camera. This time a 45 degree angle is formed from the light to the model to the camera. A second 45 degree angle is formed by drawing an imaginary line from the model's forehead to the light stand, and a second line from the top of the light to the face of the model. The effect is a strongly lighted face with no shadows under the eyes.

PANCAKE LIGHTING: This is how most of us are used to taking photographs! It is the least flattering way to light a model. The light source is placed directly in front of the model at the same height. This will tend to flatten the face and add weight to the face.

90-DEGREE LIGHTING: Simply place your lighting source at a 90 degree angle to the model. This is great for "Monster Movies", otherwise I suggest you stay away. At times we all look bad enough in photographs!

RIM LIGHTING: The light source is positioned behind or to the side of the model at such an angle that only the barest outline of the face is illuminated from the camera angle. Since only a single light is used make sure that some light falls on the model's face. A big aid in lighting can be the use of reflectors which can be a simple piece of cardboard covered in foil or white cloth. They tend to cast a softer light which is much more flattering to a model. You can also use a "softlight" filter on your lens to create a soft haze effect.

PROPS: Locating simple props add to the effectiveness of the final product. Use imagination and creativity in collecting and arranging your props. Very often there are a number of normal household items that can be used as very effective props. One example would be that old steamer trunk you have up in the attic. Add a lace tablecloth and a vase along with a few articles of lingerie. Then place the model (YOU) along side the partially opened trunk with the lingerie cascading from with-in, in a flattering pose sitting on the floor. Make sure that the prop is of secondary importance in the picture. Also make sure that the clothing the model is wearing fits in well with the props that you are using. You will find that the right Prop will indeed make the picture!

POSING THE MODEL: This is the fun part and it is quite often the most difficult part! One standard posing trick of professional models learn is to imagine that they are standing in the center of a clock face. One foot bears the body weight and is placed so that when the model faces the camera, one foot is positioned at a 45 degree angle from

the body line to the camera while the other foot will be used for changing pose and body line. At the start, the latter foot points towards the camera, with the heel a couple of inches from the instep of the rigid foot. It is moved out so that it points from number to number around the face of the imaginary clock. It will go to the 4 o'clock position then to the 5 o'clock position, then 6 and so on, completing a partial circle while you photograph. Next the foot that has been moving is shifted back to bear the weight and the foot that was rigid is then used for pointing around the clock. At the same time the models shoulders are squared and th hips slightly twisted so that the weight remains on the rigid foot and hip. There are any number of variations of these stances. The model can lunge to one side, arch her back, or lean up against an object such as a wall, chair or other prop. Her head could be tilted from side to side, or she could be seated while positioning her legs wide open. Oops, I mean around the face of that imaginary clock we spoke about earlier. She could also be kneeling or reclining, (its getting interesting), depending in large upon what type of clothing she is wearing. (to be continued)

Local Events

This month's meeting will be at Diane's home on the 16th of May. We were originally scheduled to have the meeting at a local Motel but due to several factors, one of which was the motel's closing, we had to relocate. The gathering will start at 7:30pm with a short social time for all to enjoy. The regular meeting will start at 8:30pm, and will be followed by a special product demonstration by Angela. She is promoting a skin cleansing product line and will have several things to show us about creating a healthy and more beautiful complexion. There will be several spouses and other significant GGs present so try to bring your friend or partner along to this one. We all could learn a little about skin care and Angela is becoming an expert on the subject.

Another meeting yet to be scheduled, will feature a presentation by the owner of a new boutique opening in the Phoenix area called "Boys Will Be Girls". This establishment will feature clothing, lingerie, wigs, padding and other hard to find items and will be catering especially to the crossdressing community. We have made contact with the owner through our "New Times" ad & are now in the process of finding a suitable location for the event.

Food For Thought

This month we have a Mexican specialty that comes to us from an interesting source, a computer based cookbook program. This entree serves 6 & can be prepared in under 45 minutes. If your in the mood for a Mexican style dinner, give it a try.

Beef Enchiladas

- | | |
|-----------------------|----------------|
| 1 lb. ground beef | 1 onion |
| 2 cans chili peppers | 1 clove garlic |
| 2 pts. tomato sauce | 1/2 tsp salt |
| 12 flour tortillas | 1 beaten egg |
| 1/2lb. cheddar cheese | 1/4 tsp pepper |
| 1 can enchilada sauce | olive oil |

Heat 1/2 inch of oil in a skillet and fry the tortillas about 15 seconds on each side, remove and pat off the excess oil. In a separate skillet, heat 2 tbsp. oil and saute' onion until tender. Add the chili peppers, garlic, tomato, salt & pepper. Add the ground beef & simmer uncovered for 10 mins. Dip the Tortillas in the beaten egg & fill with the sauce mixture. Roll and place the enchiladas into a shallow greased baking dish, cover with the enchilada sauce, top with the grated cheese & bake uncovered at 350 deg. for 15 minutes. Serve with refried beans or spanish rice and a shredded lettuce garnish.

Classified


Wanted - Phone answering machine (for our hot line).



*Gail Walker's
Electrolysis*

Scottsdale Rd. at Shea
10639 N. 71st Way
948-4704

Board Certified Professional Electrologist



COPYFAST Printing Center

9015 E. Via Linda
Suite 107
Scottsdale, Arizona 85258

860-9449

