

THE *INGERSOLL*



MESSAGE

INGERSOLL GENDER CENTER — SEATTLE, WASHINGTON
AUGUST, 1995 □ VOL. ONE □ NO. 6 □ PRICE: \$1.00/EA. □ \$15.00/YR SUBSCRIPTION

This issue of the Ingersoll Message is dedicated to the many tireless, dedicated people working to defeat prejudice and hatred in the Pacific Northwest. The editors wish to thank WCS/HOW for the information provided herein

THEY'RE BACK! *Signatures Being Sought For Two Hate-filled Initiatives*

Proponents of bigotry have introduced two anti-gay [and anti-TV/TS] initiatives again this year: Initiatives 166 and 167. Both are initiatives to the Legislature. Supporters have until mid-December to gather 187,000 signatures.

If either group manages to gather enough signatures, its measure will go to the legislature which can then pass it as written, amend it or ignore it. If they choose to ignore it or amend it, the measure then goes to a vote of the people on the November, 1996, ballot. If the legislature passes the initiative as written, it immediately becomes law. The governor cannot veto it, but it would be subject to a referendum campaign. Washington Citizens for Fairness/Hands off Washington (WCF/HOW) would then collect 90,000 signatures on a referendum petition, which would force the issue to the November, 1996, ballot.



(166-167 continued)

INITIATIVE 166

167 is identical to last year's failed Initiative 608, and is sponsored by the same organization. If passed, it would: 1) deny legal protection from discrimination based on sexual orientation or gender identity; 2) Nullify any domestic partnership ordinances; 3) Deny legal standing based upon sexual orientation or gender identity issues; 4) Ban future laws or policies which provide such protections; 5) Prohibit any positive discussion in schools about homosexuality, and prevent school counselors from having supportive conversations with youth who come to them with sexual orientation or gender-identity issues; 6) Be used to fire teachers and other school employees who are suspected of being gay, lesbian, bisexual or transgender; 7) Force libraries to censor books; 8) Give precedence to the views of one group of people over the views of all other parents; 9) Lessen the abilities of school districts to control education within their districts.

INITIATIVE 167

This initiative is the anti-adoption initiative sponsored by the Citizens' Alliance of Washington, and would seek to limit adoption and foster parenting to married, heterosexual couples. While the initiative does affect gays lesbians, bisexual, and transgender people, it would also restrict single people and ban unmarried heterosexual couples from adopting and foster-parenting. The initiative that a child must be placed in a married, male-female household "If at all possible." This would apply to all placements, regardless of the birth parents' wishes or any custodial arrangements laid out in a will.

167 would set another dangerous precedent. Under Section 5, any person or "nonprofit entity" in Washington state would be granted "standing" or authority to "enforce the provisions of this act". Put simply, suspicious neighbors, conservative churches and right-wing political groups could go after parents they suspect do not meet the criteria of the act.

Initiative 167 would also have a devastating effect on the foster-care system, because fewer potential adoptive homes would mean an increase in the number of children requiring foster placement. A majority of foster caregivers are single women and many others are gay men and lesbians, so a large number of foster homes would also be eliminated, causing the already crowded system to collapse.

(166/167 continued)

166 and 167 are about legislating personal prejudices. Proponents seek to force their concepts of "appropriate" lifestyles and families to become law in the State of Washington. 166 and 167 are about discrimination, plain and simple.



From the Founder:

By Marsha Botzer, MA

As a member of the Board of Directors and representative from the Gender Community of WCF/HOW, I travel the state, attending meetings. Meetings are held in various parts of the state, east and west. I am struck by the passion of those who are committed to the defeat of hatred and bigotry.

I am pleased to announce that our requests for the inclusion of the Gender Community in the language of all WCF/HOW's literature, has been met with a very favorable response. It is an honor to be your representative and though it takes a lot of extra time, it is truly time well-spent.

I will keep you apprised of any new developments as the months go by.

Finally, a special thank you to all those T-folk who volunteer their time at the WCF/HOW offices. Any of you who wish to give some time to the fight, see the article in this issue of the *Ingersoll Message*.

On July 11, 1995, Bryant Vehrs and I attended a ceremony sponsored by the Pride Foundation. At this ceremony we accepted a check from the Foundation which will enable us to continue that part of our mission which is outreach and training around transsexual and transgendered issues for professionals who work with members of the Gender Community. The grant will help us present a training seminar in October, 1995. Therapists in the northwest will be invited to attend. Our sincerest thanks to the Pride Foundation.

**WCF/HOW HAS DIVERSE, STATEWIDE
MEMBERSHIP**

Washington Citizens for Fairness and the Hands Off Washington Campaign is a grassroots, statewide coalition of people from all walks of life. With 24 Coalition Councils across the state, they are: Rural, Suburban, and Urban Young and Old Business and Labor Republicans, Democrats, and Independents Conservatives, Liberals, and Moderates Parents and Grandparents Neighbors, Relatives, and Co-Workers People of Color Farmers Educators Environmentalists Scientists Religious Leaders and Families.

Members of the coalition share a common goal: To support the basic rights of all people in the state of Washington, and to oppose any attempts to make discrimination official state policy.

Important Ingersoll Doings in
A U G U S T

All Wednesdays in August: TS Group (Referral Only) 7:30-9:30 PM

All Thursdays in August: Drop-In Group (Open) 7:00-9:00 PM

All Fridays in August: TV/TS Support Group (Open) 8-10 PM

JGC phones are answered Mondays & Fridays 6-8 pm and Saturdays 10-12 noon

There will be no meeting of the Ingersoll Board of Directors in the month of August. Next meeting will be September 11, 1995 from 7:30-9:00 PM

August 8: FTM Support Group 7:30-9:30 PM. First Timers must call Jason at 723-8805, or David at 859-1053 before attending. Topic for this meeting: Family Issues - Future In-Laws, Alternative Conception, Children

August 15: Full time, Post-Op group meeting; 7:30-9:30 PM.

August 20: Sunday Afternoon at Ingersoll 2:00-5:00 PM at Ingersoll, 1812 E. Madison, Suite 102. for "High T Sunday: An End-of-Summer Soiree" an opportunity to see and be seen.

August 26: FTM Support Group Saturday Meeting canceled for Summer

**JOIN US FOR
SUNDAY AFTERNOON
AT INGERSOLL
AUGUST 20, 1995
2:00-5:00 pm -- FOR**

High "T" Sunday

An End of

Summer Soiree -

Refreshments and

Conversation

Provided





VOLUNTEER OPPORTUNITIES WITH AN ADDED PLUS + + +

As we stated in last month's *Ingersoll Message*, The Board recognizes the desire of those with limited incomes to contribute at a level which they can afford, even if that is \$0.00! We also recognize that most people are essentially honest about their financial situations. In order to alleviate these concerns, a system of scholarships or credits has been instituted for folks who want to contribute something but don't have much discretionary income. Beginning in August, a person who cannot financially contribute can volunteer for various "jobs" around Ingersoll. Listed below is a partial list of available volunteer options:

1. **Phone Volunteer:** See the article in this month's newsletter about volunteer training. 2 hours of work or training equals 1 free group.
2. **Meeting Set-up:** For each set-up, you receive 1 free group.
3. **Meeting Clean-up:** For each clean-up, you receive 1 free group.
4. **Office Volunteer:** Help with filing, data entry, mailings. Work during the day and some evenings. Contact Pat Butler for more information. 2 hours of work equals 1 free group.
5. **Maintenance/Special Projects:** Watch for notice of needs. Also, feel free to ask Pat Butler or the facilitator of your group. 2 hours of work equals 1 free group.
6. **Sundays Afternoon at Ingersoll:** Every third Sunday of the month, we need help setting up and cleaning up. 2 hours of work equals 1 free group.

7. **Holiday Happening:** Once a year, Ingersoll puts on a big party. Many people are required to make it a success. Not only can you get free groups for working on it, but there are limited scholarships whereby people can work for a portion of the evening and receive a reduced-price or free ticket to the event. More on this later.

In order to volunteer, see your facilitator for **Set-Up and Clean-up** credit. See or call Pat Butler (329-6651 -- leave a message on the voice mail) and set up a time to come in and work.

When you have completed a job, you will receive a *Credit Slip* like the one below. It will have your name on it and will be signed and dated by the facilitator or supervisor with whom you have worked. At the time of the "Passing of the Envelope" at a meeting, simply place your *Credit Slip* in the envelope and you have paid for the group! The best thing about this arrangement is that it is a WIN-WIN situation. You are able to go afford groups and we get the help we need.

INGERSOLL
CREDIT

GOOD FOR ONE GROUP

****SAMPLE ONLY****

customer	facilitator
date issued	expires



Jaye's Journal

By Jaye Albright, Board President



Washington Citizens for Fairness/Hands Off Washington has done a lot more in the last two years than just get us all together politically to lobby against a bigoted, hate-filled enemy. WCF/HOW has brought together many sides of the gay, lesbian and transgender communities and raised our collective consciousness.

And, have you noticed? Once one's awareness has been heightened, it is

incredible how what once would have seemed to be totally unrelated things begin to tie together to speak with a common message.

I just finished a fascinating book on the differences between the way men and women communicate, *He Says, She Says* by speech pathologist Dr. Lillian Glass.

Glass became interested in sex differences in communication when she encountered a transsexual while she was doing graduate work at the University of Michigan. Currently, she practices in Beverly Hills, and is credited with helping Dustin Hoffman perfect his "Tootsie" voice and characterization.

In her conclusion to the book, she quotes Ashley Montagu as saying that there are several traits which men in our society had deemed feminine, such as gentleness, tenderness, and loving kindness. He states that these are not just feminine traits, but rather "human traits which men need to adopt and develop if they are ever to be returned to a semblance of humanity."

Those words spoke directly to me.

A potential danger that exists within the Gender, Gay and Lesbian communities is that we sometimes exchange one set of undesirable, stereotypical, narrow gender/sex characteristics, preferences and attitudes for another in our search for self.

Glass says: "Unfortunately, we all have too many stereotypes with regard to the differences between men and women that are outdated and incorrect

"In the United States the last twenty years have been flooded with changing views on how men and women are perceived. In a 1970 study, a group of psychologists asked almost 80 male and female therapists to define what characteristics they felt constituted a 'mentally healthy male' and a mentally healthy female'

"The results were that the 'mentally healthy male' was considered to have the following attributes: aggressiveness, independence, objectivity and autonomy. The 'mentally health female', on the other hand, was defined as a submissive, dependent and subjective.

"We have certainly come a long way in terms of what constitutes mentally healthy 'males' and 'females' by today's standards. perhaps a mentally person of today would share all these traits, which are 'human-specific' characteristics."

Diversity and the task of identifying and breaking down cultural stereotypes in ourselves are certainly not strangers to any of us in the Gender Community. As a matter of fact, the talk of being semantically-correct in using the proper word for each person's place on the continuum of gender identity, role and sexuality can be daunting.

Recently, Dallas Deany, MA and Jan Roberts, MA, asked 339 members of our community how they self-identify. 270 who completed the questionnaire were born male, 69 were born female. The questionnaire allowed them to check off boxes for transsexual, crossdresser, transgenderist or "other". A little more than half of the sample (54%) termed themselves transsexual, 8% said they were crossdressers and 12% called themselves transgenderists.

Among the quarter of those asked who refused to self-identify by any of the "big three" groups and checked "other", there were 41 separate other descriptors. Among them were: labels harmful, uncertain, the person's name, new woman, androgyne, bigenderal, completely both, sissy, confirmed correct gender, ex-transsexual, woman, female-bodied man, female with transsexual past, human, man wanting to live/love with breasts, metamorph, normal, sex-reassigned, testicular feminization, bisexual, male,

man, gay, ts/tg maybe, and even don't know.

No wonder we sometimes have communications problems within our growing community -- we are anything *but* a singular, cohesive unity. We are an extremely wide spectrum of people who are united by societal attitudes toward us, a history of shame from being in the closet and the fact that we have finally "come out" and made the decision to *do* something about our personal identity issues.

As Glass notes: "The problem arises when men and women [I might also add: gays, TS's, TV's, FTM's, MTF's, dykes, lipstick lesbians, queers, drag queens, etc. etc.] have so much tension and turmoil between them that they (can) become insensitive to one another's needs. The only way you can ever win the battle of the sexes and close the communication gap forever is through awareness, understanding and compromise."

So, thanks, *Washington Citizens for Fairness / Hands Off Washington* for helping to raise more than just political lobbying dollars! Thanks, too, for raising community awareness of the fact that our strength emanates from pride and love for our diversity.



The Emerald City
Call Tuesdays, 7:00-10:00 PM
206-284-1071

For Crossdressers. Providing safe and comfortable social and educational activities, including monthly meetings and social gatherings. Safe, discreet, and confidential. A place to be all you want to be!



The Butler Did it!



By Pat Butler, Executive Director

It's already August! Wait a minute, It can't be August! There are too many things I wanted to do this Summer that didn't get done. What do you mean, Fall is just around the corner?! What about the work I was going to do around the house. The yard. What about the time I was going to spend with those friends I never seem to have time to spend time with?? -- Well, maybe next year...

During July, I spent two and one half weeks traveling across the USA in a moving van, pulling a car dolly with a station wagon on it. 3,190 miles and a very sore tailbone have shown me that Washington is truly a beautiful place to live. I traveled through Massachusetts, Connecticut, New York, New Jersey, Pennsylvania, Ohio, Indiana, Illinois, Minnesota, Wisconsin, North Dakota, Montana, Idaho and Washington, and I think I have sampled enough of the country to state, like Dorothy in the *Wizard of Oz*, "There's no place like home..."

Well, if I have to accept the fact that I can't twitch my nose and make it June again, I guess I will have to start laying plans for the "Fall Season" at Ingersoll. Upcoming items include *Sunday Afternoons at Ingersoll*, monthly issues of *The Ingersoll Message*, training sessions for new phone volunteers, installing a new bookkeeping system for Ingersoll, A training for mental health, medical and concerned others around gender issues, and preparations for *A Holiday Happening -- To name just a FEW*.

....Maybe I'll be able to get caught up by *next Summer*.

**WCF/HOW FIGHTING AGAINST
DISCRIMINATION WITH
THE NORTHWEST PLEDGE**

Information Courtesy of WCF/HOW

WCF/HOW has launched its "Northwest Pledge Against Discrimination" drive. The Northwest has been specifically targeted by radical extremists and their hate-filled agenda. Washington Citizens for Fairness understands that an attack on one group's basic rights is an attack on the basic rights of all. Thus, the current threat to the entire community. It's time for the people of the region to send a strong message that says **DISCRIMINATION IS WRONG!** The NW Pledge sends a strong message to citizens and elected officials that a diverse and unified community will not allow extremists and their supports to erode basic human rights.

What is the Northwest Pledge?

The best defense *and* weapon in the current struggle for equality is the Northwest Pledge Against Discrimination, or NW Pledge. It is an affirmation of the values of fairness, cooperation, and respect, regardless of race, religion, creed, gender, age, sexual orientation, or sexual/gender identity shared by those who support the NW Pledge.

Why is the Northwest Pledge Important?

The goals of the Pledge are:

- To gather names which can be used as a lobbying tool
- To build a list of supportive citizens
- To build a list of names which could be tapped if a referendum campaign must be run.
- "Decline to Sign" efforts are complemented with the NW Pledge
- Raise visibility within communities and the media.

What does the Northwest Pledge say?

We the People of the Pacific Northwest, take pride in the special place in which we are fortunate to live and work.

We oppose discrimination, bigotry, and prejudice in all their forms. They divide our neighborhoods, devalue the individual, and have no place in our community.

Although discrimination on the basis of sexual orientation or [gender] identity is currently legal under state law, it is wrong.

We therefore pledge to:

- Work to end discrimination and bigotry against all our neighbors;
- Not sign any initiative which promotes discrimination;
- Live by the principals of basic rights for all people.

The Cook's Corner

by Lee Hefner



Crust-less Vegetarian Quiche

Here is a wonderful, simple, make-ahead (in the cool of the morning or evening) one dish meal.

- 6 eggs (you may remove 3 of the yolks to decrease cholesterol)
- 1 cup, shredded cheddar or any cheese of your choosing
- 1 cup, finely diced onions
- 1 cup, diced celery
- 1 can (or one package thawed frozen) spinach *well-drained*
- 1/2 cup, non-fat milk
- 1/3 cup, Bisquick (or other baking mix)
- Salt and pepper to taste

Instructions:

Preheat oven to 350 degrees. Grease (or use non-stick spray) a large pie dish or quiche pan.

Prepare onions, celery, and spinach and place in a large bowl.

Combine the eggs, milk, biscuit mix, salt and pepper in a blender or beat together in a bowl. Add liquid to the onions, celery, cheese, spinach and mix slowly to avoid breaking up cheese.

Pour mixture into prepared pie dish. Heap ingredients high as they will bake down. (You may place the pie dish on a cookie sheet if you are concerned about spillage in the oven.)

Bake for 45 minutes or until a knife inserted in the center comes out clean.

When quiche is done, remove from the oven and let stand for 20 minutes before serving. Cut like a pie and serve with a tossed green salad. Makes a wonderful light lunch or supper. Wrap leftovers and place in refrigerator. Lasts for several days.

VARIATIONS

Substitute broccoli for the spinach, or perhaps use any frozen vegetables which have been thoroughly thawed and drained. For a tasty, non-vegetarian version, try adding chopped ham, turkey, or beef which has been precooked. With the spices of your choice -- dill, Italian, Spanish, etc. you can create a real treat and prove that *Real Men and Women do eat Quiche*.



SPOTLIGHT ON PUBLICATIONS

☞ At Ingersoll Center ☞ *My Husband Wears My Clothes*

By Peggy Rudd, Ed.D. A definition and discussion of crossdressing from the wife's point of view. Emphasis on understanding and improving the dynamics of the relationship, dealing with anger, image and seeking counseling. Published by PM Publishers. 148 pages.

Available at Ingersoll after meetings or by mail.

At meetings: \$11.00 per copy/tax included
By Mail: \$11.00 plus \$2.00 p/h (tax if app.)



WCF/HOW SEEKING VOLUNTEERS FOR MANY JOBS

Washington Citizens for Fairness/Hands Off Washington is looking for volunteers to staff their offices and help in the fight against discrimination. Volunteers are needed for:

☐ Office/Receptionists - answering phones, filing, making copies; ☐ Drivers - using your vehicle to run errands, deliveries and pickups, and occasionally to deliver large bulk mailings; ☐ Data entry - no familiarity with computers necessary, training is provided; ☐ Phone - calling supporters: to volunteer, to volunteer, donate \$\$, to voters, for special events, mailing, etc.; ☐ Mailings - stuffing envelopes, sorting, counting and labeling bulk mailings; ☐ Information tables - staffing tables, handing out information, gathering signatures for the NW Pledge - training is provided; ☐ Events - help to plan, produce and work at events, such as House Parties and other fundraising occasions; ☐ Signature Gathering - help to collect signatures for the NW Pledge Against Discrimination. Training is provided.

Interested people should call (206) 323-5191 during regular business hours.

MAN TO MAN

By Jason Cromwell

One last time we print the following:

Join the members of FTM International in San Francisco for the first all-FTM conference in the Americas. Two and one half days of workshops, panels, seminars, exhibitions, networking and socializing for FTMs, their partners and friends. All are welcome!

Topics include: Coming Out, Relationships, Family, Sexuality, Spirituality and Male Consciousness, Partners of FTMs, Academic Perspectives on FTMs, Racism and Transsexuality, MTF & FTM issue comparison, Queer and Straight issue comparison, No-Hormones and Non-Op Options, Living Long Term in Transsexual Bodies, Therapist Panel and MD panel.

Featured speakers/presenters include: Larry Brinkin, San Francisco Human Rights Commission; Michael Brownstein, MD; Photographer Loren Cameron; Jason Cromwell; Steve Dam; John Garrigues; James Green; David Harrison; Donald Laub, MD; Shadow Morton; Sky Renfro; SFPD Sgt Stephan Thorne and many others.

Registration fee includes all sessions: Friday, August 18 - 6:00 pm, (registration opens at 4:00 pm) through 2:30 pm, Sunday, August 20, 1995.

Registration fee per person: \$75.00 at the door

For more information, contact Jason Cromwell, 206-723-8805, or for applications, contact Pat at the Ingersoll Office at 206-329-6651. You may also contact FTM International directly at 5337 College Ave. #142, Oakland, CA 94618.

A Reminder: The Saturday FTM Support Groups have been canceled until September. With the good weather, attendance has dropped and only one group per month (Tuesday) is planned for the Summer.



FACILITATOR'S FORUM

By Suzanne Adams

On July 29, 1995, the quarterly meeting of facilitators and phone counselors was held at Ingersoll from 9:00 AM to 12:00 noon. There was a great turnout in spite of the lovely weather. Many issues were discussed. Among them was a final check in with facilitators with regard to the necessity of raising Ingersoll fees for service. While some expressed sorrow at having to raise fees, all agreed that in order for Ingersoll to continue offering the quality service we do, it is essential that fees go up.

It was also stressed that facilitators still have the final word with regard to a person's ability to pay. We don't want anyone to feel they can't attend Ingersoll meetings because of inability to pay.

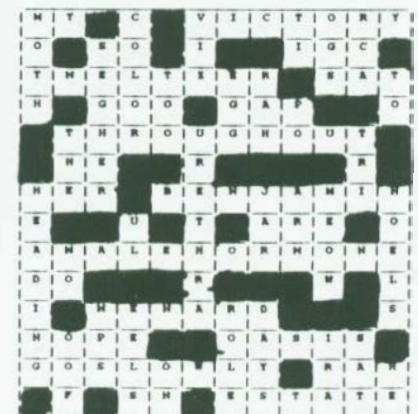
With that in mind, the system of volunteer credits was explained to the facilitators, and will be put in place as of August 1. Please see the article by Pat Butler, Executive Director, in this month's newsletter for a further explanation of the credit system.

Things continue to go well with facilitators. There are three facilitators-in-training at the present time and more are hoped for.

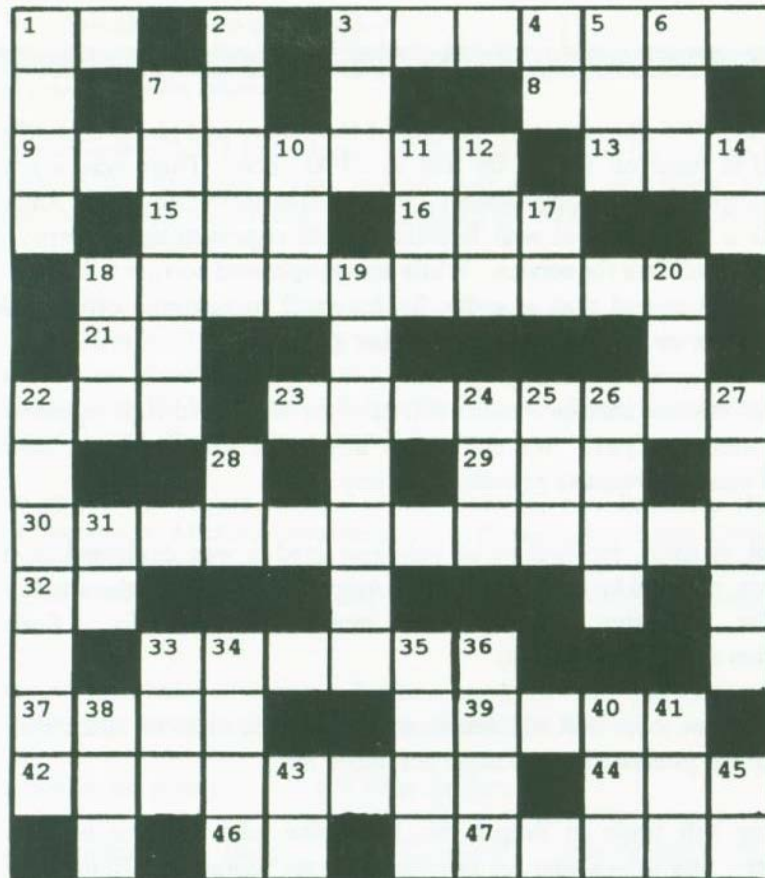
A training will begin in August for two folks who wish to be phone volunteers. Any others who are interested, please contact Pat Butler at the Ingersoll office. Leave a message and Pat will call you back.



GENDER CROSSWORD



GENDER CROSSWORD

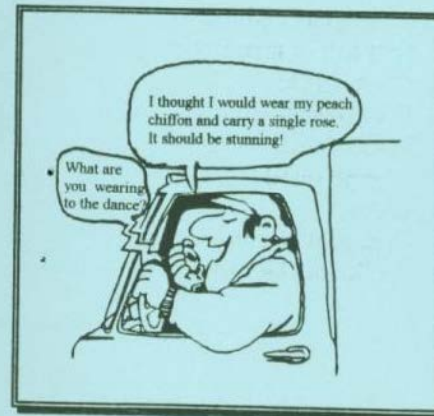


ACROSS

- | | |
|-------------------------------------|----------------------------------|
| 1. Possessive Pronoun | 29. Form of To Be |
| 3. A win. like starting hormones | 30. Androgen (3 words) |
| 7. To such a degree | 32. Last half of marriage answer |
| 8. Ingersoll's initials | 33. Montreal Dc |
| 9. Portland Doc | 37. Slang negative |
| 13. Pre-College test (init.) | 39. Place of rest |
| 15. Sticky mass. too much hairspray | 42. 15 mph speed limit (2 words) |
| 16. Space | 44. Cheer |
| 18. All pervading | 46. Opposites on compass (init.) |
| 21. Pronoun | 47. Spelled out by will |
| 22. Possessive of she | |
| 23. Harry and Mr. Franklin | |

Down

1. Attracted to flame
2. Lilac
3. Namely (Latin)
4. Hawaiian plant
5. Polliw
6. Old record company
7. Brussels Doc
10. Also
11. Fertilized by sperm
12. Sounds like similar word meaning uncooked
14. Preposition
17. Italian River
18. Article
19. Part of urinary tract
20. Prefix meaning "three"
22. Title
24. Shake
25. Extremity
26. Pussy sound
27. French Christmases
28. Electrical Appliances must have this code (init.)
31. Missouri in addresses
33. Army cops
34. Electric fish
35. Actor's part
36. 48 hours makes two
38. Exclamation
40. Rebels, terrorists
41. Used to sit
43. "Off's" other half
45. An FTM.



19

Patient: But I just came in for a tonsillectomy!
 Doctor: Well, Mr. Jones, since this is a teaching hospital, we decided to let the interns practice. By the way, your name is now A.S. Jones.

INGERSOLL MESSAGE

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-----DETACH HERE-----

PLEASE ENTER MY SUBSCRIPTION FOR *THE INGERSOLL MESSAGE*. I HAVE ENCLOSED \$15.00 (check or money order) FOR A ONE YEAR SUBSCRIPTION.

NAME

ADDRESS

CITY

STATE

ZIP

- I WOULD LIKE TO KEEP UP WITH INGERSOLL EVENTS, PLEASE ADD ME TO YOUR MAILING LIST.
- PLEASE SEND ME AN INFORMATION PACKET (ENCLOSE \$1.00 p/h AND S.A.S.E. (#10 BUSINESS SIZE))

